

Sonn dreams, or cargo

Cheap Essays

This year we have, as you know, the year of our space. My children were asked to answer the question of what kind of space?, And the editorial board ordered to find out: What is dreams?. To some surprise, the answer is almost the same: all unknown while fascinating and frightening infinity around. Notice, in the text it turned out a lot of quotes, in a sense of dream symbols.

Yuri Loza sings about a small raft, on which it is quietly savor, taking only dreams and dreams, and a children's dream. This is the most popular illustration of how in our tradition, it is customary to share dreams and imagination, fantasy.

The boundary is the control of the mind. That is either complete control

This is when we are expensive, or partial when we release a little leaving and fantasize, or sleep

The unconscious state for which we are not responsible, and therefore it often seems dangerous and unpleasant, alien.

Unconscious

Generally a frightening area for thinking people, people are reasonable. There is even some kind of word game: demonless, as if demons are instilled in our consciousness. Some fighters for the restoration of the meanings of the Russian language are already writing

unconscious. I generally support: less grammar, but much more meaning.

Fantasies are allowed to children, adults are considered to be eccentricity, and therefore it is accepted about them in certain intonations.

The word of dreams, unfortunately, falls out of the lexicon, although it is recommended that most of the great scientists starting with Constantine Tsiolkovsky and Albert Einstein to expand consciousness. The wise men who have truly new ways of development of humanity are dreaming, allowing their consciousness to carry out the bold fantasies, and the mind

Work on their embodiment.

Recall Dmitry Mendeleev. It is amazing not the fact that he saw a periodic table in a dream, but the fact that he managed to write it later. Although I suspect that I saw in a dream in a dream and many other great were just stuck, because every researcher knows how you get a philistical where did you get it?.

Dreams became the only language that allows others. That is why psychoanalysts are so attentive and welcome to them. The patient's sleep tells about it much more than he himself.

We will talk about analysts later. Now I'm about what is useful in life get used to see dreams. Do not look, namely to see, notice, memorize, write, draw, play with them and work.

It is well supported in the family. For example, in the evening, everyone tells each other news, in the morning to give time to remember and tell dreams. They are not at all necessary to discuss and analyze (it is even better not to do this!). Children may be important to instill a habit of remember dreams and treat them carefully. And adults can notice with time how dreams fold into a common interesting picture.

In companies, especially those engaged in intellectual work and search, also need to be carried out, called the psychologists of the Matrix of dreams. This can be a kind of expanding brainstorming and a method for removing and converting voltage.

The dreams are infinitely diverse. Very, of course, are good dreams with flights

It seems that the famous marc Chagalom drawn. They are

The indicator of how consciousness relaxes and expands in a dream. There are a series of dreams about traveling in different places, dream-militants and dream adventures. Very varied dreams with transformations and meetings. Sometimes this is the continuation of our day thoughts, fantasies, anxiety. No wonder psychologists say: if you dreamed a neighbor, then it may just be a dream about a neighbor. (Therefore, it is so important for the analysis of the context of sleep, events and thoughts on the eve.) But often the characters of the dreams reflect the projections of a person who are not coming by the day of personality.

Nightmares

I would share them on those in which a dream threatens the danger: the monster or elements are attacked, etc., and those in which something terrible, disgusting, which is painful to remember and scary to talk.

The first category people willingly share, depending on the context and the sink content are quite easily interpreted, they are always moral, resource and cause for work. This is often the so-called crisis dreams. That is, if a person misses something important or resists in life, the energy accumulating in the unconscious, becomes threatening and begins to persist. Such dreams are frequent during periods of children's and teenage crises, and they often have repeated plots in nonopeatical cases.

There are other dreams that are not always possible to tell and even more interpret. These are dreams in which the dreams make something disgusting or terrible or, more often

It happens in his eyes.

I will give an example. Young mother dreamed that her child died in any circumstances. Sleep leaves very unpleasant feelings, especially painful in that it is difficult to forget. Although the first efforts of consciousness are usually directed to this. Therefore, often such a dream is suddenly remembered a few hours after waking up, at the moment when the censorship of the mind slightly weakens. Next is another protection

interpretation. Most allowed and therefore widespread

Mom is worried about the child, for his competence and diligence. It is not always incorrect, the context is important.

But there is another version of interpretation that is unacceptable from the point of view of moral censorship, and even an analyst allows himself very carefully. Maybe Mom wants him to die. If we admit such interpretation, we can go to the expanding and useful matter why? And discovering, for example, the fact that mom is very tired of the baby and approaches depression. If this interpretation is true, then the positive effect will give a decline in child care, the help of other relatives, etc.

Note that if we take for the right first interpretation (my mother is worried about the child), then it follows that mom must be even more. Then sleep can be repeated in different versions and the effect will be negative. Such a dream may have other more complex interpretations, as the child can embody and the relationship and the relationship with the spouse, and the future in different aspects, he often attracts our unconscious projections, fears and hopes

At the same time, I will give an example of expanding the meaning of such sleep. A 30-year-old mother already having two daughters, one of which is seriously ill, dreaming about her 5-month-old son. In this dream, she burns fire using notebooks daughters, and puts the baby in this fire. Of course, you can talk about the fatigue of a woman and her excitement. However, the sleep brightly resembles the ancient Egyptian and Greek myths in which the goddesses (Isis, Demeter) were kept in the fire of small Tsarevich to make them immortal. By the way, it was the older sisters that led to a demeter's mother in the role of nanny to the infant. Such an extensive interpretation makes it possible to work in an active imagination with different aspects of a person's life, to give the opportunity to manifest itself to His Gresses.

There is still a wisdom, but a very professional word

amplification

Expansion of the semantic field. It requires an analyst, firstly, eruditions

Knowledge of mythology, history as infinite sources of formation of collective unconscious, secondly, large inclusiveness in joint dreams in the process of analysis, thirdly, professional caution. For the

dream problem is not the analysis of the meaning, but in living it.

INTERPRETATION

Interpretation

This is the giving meaning. With regard to dreams for me, this word has a not very good shade and associated with shocking: that is, when it is more important than listening to.

From my point of view, Yungianism, interpret someone's dream can be beautiful and bright, and this, in general, attracts, but this is a quarrel, very close to fortune-in-hand or stars, that is, can certainly guess and can be impressed but not professionally.

The fact is that this can only be done by the owner of a dream, a psychologist can participate in this process, and its intervention will be varied in different schools. The more serious about the approach

The less active participation. That is, a good psychologist is always involved, but his explanations are by no means reduced to the phrase says that you need. There is still a word analysis, expensive Freudian. It involves attention to individual elements with further search for interpretations: sword

This is a phallus, water

This is the unconscious. So I have already used the most allowed word interpretation for me. This is the search for close meanings, tips. In the interpretation, of course, there is an analysis. It is important that the process involves this joint work.

I will give such an analogy. A man brings a handful of pebbles. The interpreter builds a turreka from them. An analyst considers each and sorts on the grounds. Interpretation

Sharing in the garden of stones.

During amplifications, the resource falls from the collective knowledge of the conscious and unconscious. As the dreams can be fascinated or affected by the plot or characters, it is sometimes difficult for him to go beyond personal history. At the same time, many dreams have a collective nature, and I would say historical format. Their meanings can be suggested by human experience

From ancient myths to quantum physics. This, of course, requires an analyst of serious work not only at sessions, but also in terms of expanding its own horizons. If you are interested in [Read more](#)

[Read Charles Gustav Jung.](#)

Nightmapychological interpretation of dreams of dreams